Increase the amount of staff time spent on improving conditions for people who bike and walk. It may be important to ensure that there is Mayoral or other executive support to increase staff across all relevant city agencies or departments so that all “E”s are addressed.

Ensure that high speed and/or high volume roads do not pose a barrier to bicycling in your community. Your application indicated that a higher than average percentage of your road network is composed of high speed roads. Road and/or lane diets may be appropriate for calming traffic while providing safe and comfortable places for people to bike and walk.

Develop a design manual that meets current NACTO standards or adopt the NACTO Urban Bikeway Design Guide. This will make it easier for city staff to propose and implement bicycle facility designs that have been shown to improve conditions for people who bike in other cities throughout the United States.

Offer regular bicycling skills training opportunities for adults or encourage your local bicycle advocacy group or bike shop to help. Classes that teach skills that improve bike commuting can help people make what is possible practical. Education can also be helpful for adults who are recommended exercise by health care providers, check to see if any area doctors or hospitals are interested in partnering for education programming.

Adopt policies that promote shorter trip distances between housing, commercial areas, and workplaces such as mixed use zoning, street connectivity policies for developments, Form-based Codes, or other land use regulations that allow compact development that support people biking and walking.

Level of Traffic Stress analysis measures low-stress connectivity, defined as "the ability of a network to connect travelers' origins to their destinations without subjecting them to unacceptably stressful links." This type of analysis is suitable for all communities, but is particularly useful for communities that have goals to increase bicycle use or encourage more interested but concerned" riders to bike more often. Targeting investments to increase low-stress connectivity is likely to address concerns of those riders and increase their mobility to more community destinations.