



## League Cycling Instructor Certification Seminar

League Cycling Instructors (LCIs) are certified by the [League of American Bicyclists](#), a national bicycle advocacy organization working to build a *Bicycle Friendly America for Everyone*, to teach bike safety education classes to adults & children and to teach motorists how to safely share the road with bicycles. LCIs help people feel more secure about getting on a bike, ensure that people on bikes know how to ride safely and legally, *and* help foster a mindset that bikes are treated as vehicles and that all roadway users are safer when following the rules of the road.

### Pre-requisites to Becoming a LCI

People interested in registering for a LCI seminar must first successfully pass (85% or higher) the Smart Cycling Complete Course (formerly called Traffic Skills 101), which consists of:

- 4.5 hours of classroom or online work completed at [bikeed.org](#) (no charge for the online work)
- 4.5 hours of on-bike curriculum, which must be completed with a current LCI. Cost of the classes range since LCIs set their own rates, typically the cost ranges from \$50-\$200.

A list of Smart Cycling Classes can be found at the [League's Connect Locally Map](#). Students can also contact individual LCIs through the Connect Locally Map and request a class. A great resource for the pursuit of becoming a LCI is your local or state-wide group. Check them out on the [League's Connect Locally Map](#).

### Becoming a LCI – The LCI Seminar

The LCI seminar focuses on how to effectively teach bike safety education through classroom facilitation and on-bike demonstration techniques. The seminar emphasizes how to teach bicycle safety and skills so as to provide increased comfort and confidence for new and returning bicyclists and youth. The seminar is primarily about teaching. All candidates will already be familiar with the curriculum through the pre-requisites. Each candidate will have opportunities during the seminar to practice facilitating parts of the Smart Cycling curriculum, both in the classroom and on-bike. The seminar is normally one evening and two full days (approximately 24 hours in total). Generally, 1/3 of the seminar time is on-bike. Candidates should be prepared to ride. [Click here to see a list of seminars](#).

- One evening & two full days of training, approximately 23 hours
- Seminar Registration = \$500
- Membership to the League = \$40
- LCI annual renewal fee = \$25

Candidates who successfully complete the seminar are certified to teach the [League's Smart Cycling](#) curriculum, have access to an abundance of teaching materials, and are covered under the League's liability insurance. LCIs are also plugged into the national network of LCIs (over 6000) to discuss opportunities, challenges, and new resources.