



# WHILE YOU WAIT



BRUSH UP ON  
**BASIC BIKING SKILLS**  
WITH OUR 1-MINUTE VIDEOS:

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- ✓ STARTING, STOPPING & STEERING
  - ✓ SHIFTING GEARS
  - ✓ SIGNALING/RIDING IN TRAFFIC
- ...AND LOTS MORE!**



GET MORE  
**TIPS & RESOURCES:**

[BIKELEAGUE.ORG/RIDESMART](http://BIKELEAGUE.ORG/RIDESMART)



Want to learn how to **make biking better** across the country?  
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