



BikeEd Program
Road Test Score Sheet
LEAGUE CYCLING INSTRUCTOR CERTIFICATION

Name: _____ Score _____ of _____ = _____%

Date: _____ Location: _____

Instructions: The instructor should indicate the number of points earned in performance of each skill.

RIDING TECHNIQUE

- ____ 3 pts. ABC Quick Check
 - ____ 1 pts. Posture - saddle height, foot position
 - ____ 1 pts. Pedaling - cadence, smoothness, power pedal positioning
 - ____ 3 pts. Shifting gears - timing, smoothness
 - ____ 2 pts. Group Riding - spacing, no swerving, steady pace, indicating hazards, indicating speed changes
- 10 - Total Points Possible*

STRAIGHT RIDING

- ____ 3 pts. **Position in narrow lane** - far enough from edge
 - ____ 3 pts. **Position in wide lane** - proper distance from edge
 - ____ 3 pts. **Position in very wide lane** - not too far right
 - ____ 2 pts. **Wide to narrow transition** - looking behind, yielding, not swerving
 - ____ 2 pts. **Overtaking cyclist or motorist** - looking, yielding, not swerving, not cutting off slower driver
 - ____ 2 pts. **Passing parked cars** - not swerving, correct clearance, returning or not, as appropriate
- 15 - Total Points Possible*

HAZARD AVOIDANCE

- ____ 2 pts. **Railroad tracks** - perpendicular, un-weight saddle
 - ____ 7 pts. **Rock Dodge**
 - ____ 8 pts. **Instant Turn** - not too wide or too slow, inside pedal up, initiate lean, controlled
 - ____ 6 pts. **Quick Stop** - not lifting the rear wheel, no skid, weight distribution
 - ____ 2 pts. **Wind Blast** - not too much wobble
- 25 - Total Points Possible*

INTERSECTIONS AND TURNS

- ____ 2 pts. **Obedience to traffic signals**
 - ____ 2 pts. **Obedience to stop signs and yield signs** - stopping, looking, yielding as appropriate
 - ____ 2 pts. Off / On roadway - choice of place, looking, yielding, speed, angle to roadway edge
 - ____ 2 pts. Exiting driveways - looking, yielding, right speed
 - ____ 6 pts. **Intersection approach** - position in lane, position with respect to moving and right turning motorists
 - ____ 3 pts. Right turn - lane choice, looking left, yielding
 - ____ 4 pts. Avoiding Right-Turn-Only lane when going straight
 - ____ 7 pts. **Lane changing** - looking behind, yielding to overtaking traffic, two moves per lane when necessary
 - ____ 7 pts. **Left turn** - yielding to oncoming traffic, correct position in Left-Turn-Only lane, correct position with no LTO lane, correct lane and position after turn
 - ____ 7 pts. **Multiple left-turn lanes** - correct lane choice, correct position in lane
 - ____ 4 pts. Merge or union - looking, yielding, correct path
 - ____ 4 pts. Diverge or separation - looking, yielding, correct path
- 50-Total Points Possible*

I have tested the above named cyclist on the road in every situation checked.

Signed: _____ LCI Certificate # _____